

**Zutaten:** tricalcium citrate (36.93 %), dicalcium phosphate (27.02 %), silica (18.92 %), capsule (cellulose), biotin (0.02 %)

**Nutritional values:** 6 capsules NRV in %\*

silica	630 mg	
calcium	532 mg	67
biotin	600 µg	1200

\*NRV = reference value according to EU-LMIV



**Important information:** Do not exceed the recommended daily intake of food supplements. They should not be used as a replacement for a balanced and varied diet and healthy lifestyle and must be stored in a cool, dry place away from direct light and out of the reach of young children.

# SILICA

**medicura®**

food supplement  
60 capsules



Content: e 33.3 g

Food supplement with calcium and  
biotin in a base of silica

**Recommended intake:**  
2x3 capsules daily before a meal

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Content: e 33.3 g  
= 10 daily rations

best before: