

Ingredients: Carrot powder (17.1%), capsule shell: hydroxypropyl methylcellulose (HPMC), Spirulina platensis (8.6%), Chlorella microalgae (8.6%), beet powder (8.6%), broccoli powder (8.6%), spinach powder (8.6%), tomato powder (8.6%), calcium ascorbate (vitamin C), asparagus powder (2.8%), DL-alpha-tocopheryl acetate (vitamin E), Brazil nut flour, sodium selenate, thiamine mononitrate (vitamin B1), pyridoxine hydrochloride (vitamin B6), black pepper, cyanocobalamin (vitamin B12), phytomenadione (vitamin K1), pteroylmonoglutamic acid (folic acid), biotin

Content:	per daily dose*	NRV in %**
Vitamin E	14,2 mg	118
Vitamin C	60 mg	75
Folic acid	100 µg	50
Vitamin B1	2 mg	182
Vitamin B6	2 mg	143
Vitamin B12	2 µg	80
Biotin	150 µg	300
Selenium	20 µg	36
Vitamin K	100 µg	133

* 2 capsules

** NRV = Reference value according to EU-LMIV

Notes: Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children. Storage: Store in a cool, dry place away from light.

VEGETABLES PLUS

medicura®

Dietary Supplement
60 capsules



Dietary supplement containing selected vitamins and selenium, as well as vegetable and seaweed powders

Recommended Use:
2 capsules in the evening



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Contents: € 35,1 g
= 30 daily rations

Best before: