

**INGREDIENTS:** native egyptain black cumin oil (73 %), capsule (gelatin, water, glycerin humectant), to-copherol (E), **soy lecithin**

**Nutritional values:** 1 capsule 3 capsules NRV %\*

black cumin oil	500 mg	1500 mg	**/**
vitamin E	5,5 mg	16,5 mg	46/138

\*NRV = Reference value according to EU-LMIV



**Important information:** Do not exceed the recommended daily intake of food supplements. They should not be used as a replacement for a balanced and varied diet and healthy lifestyle and must be stored in a cool, dry place away from light and out of the reach of young children.

# BLACK CUMIN OIL

food supplement  
90 capsules

**medicura®**



Content: e 62g

**Food supplement with natural vitamin E in a base of Egyptian black cumin oil**

**Recommended intake:**  
3 capsules daily

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Content: e 62 g  
= 30 daily rations

best before: