

INGREDIENTS: magnesium oxide (83.42 %), capsule (CC, coloring agent: chlorophyll), pyridoxine (B6) (0.33 %), release agent: magnesium salts of fatty acids, riboflavin (B2) (0.05 %), thiamine mononitrate (B1) (0.05 %), pteroylmonoglutamic acid (folic acid), cyanocobalamin (B12)

Nutritional values: 1 capsule NRV %*

magnesium	375 mg	100/300
vitamin B6	2 mg	143/429
vitamin B2	0,35 mg	25/75
vitamin B1	0,275 mg	25/75
folic acid	70 µg	35/105
vitamin B12	0,625 µg	25/75

*NRV = reference value according to EU-LMIV

Important information: Do not exceed the recommended daily intake of food supplements. They should not be used as a replacement for a balanced and varied diet and healthy lifestyle and must be stored in a cool, dry place away from direct light and out of the reach of young children.

MAGNESIUM + VITAMIN B

medicura®

food supplement
60 capsules



Content: e 45 g

Food supplement with
magnesium, vitamin B6, vitamin B2,
vitamin B1, folic acid and vitamin B12

Recommended intake:

1 capsule daily



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best before: