

Ingredients: Soya lecithin (49.75 %), coenzyme Q 10 (24,88 %), capsule material: HPMC, releasing agent: magnesium salts of fatty acids
Each capsule contains 100 mg of natural coenzyme Q10

Nutritional values:

	1 capsule	2 capsules	NRV %*
Coenzyme Q 10	100 mg	200 mg	-
Soya lecithin	200 mg	400 mg	-

*NRV = Reference value according to EU-LMIV



Important information: Do not exceed the recommended daily intake of food supplements. They should not be used as a replacement for a balanced and varied diet and healthy lifestyle and must be stored in a cool, dry place away from direct light and out of the reach of young children.

COENZYME Q10



Food supplement .
60 capsules

Q10

100 mg



Content: e 24 g

Food supplement with coenzyme Q10 and soya lecithin

Coenzyme Q10: The vitamin-like nutrient coenzyme Q10 is used by the body's cells to convert food into energy. Self-synthesis is possible to a limited extent. The rest should be supplied via food.

Recommended intake:
1-2 capsules daily

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Content: e 24 g
= 30- 60 daily rations

Best before: